

Prep questions for your conversation with the pediatrician

Understanding your child's allergies can be overwhelming. It can help to think about what you want to cover with your child's doctor in advance. These questions can help you get started.

Questions about your child's symptoms and family allergy history

Your doctor may want to know about your child's symptoms and who else in your family suffers from allergies.

- When did you first notice your child's allergy symptoms? How old was he or she?

- Does anyone else in your family have allergies? Mom? Dad? Siblings?

Questions for your child's pediatrician

These are the types of questions you might want to raise when you discuss your child's seasonal or indoor allergies with your pediatrician.

- How do you know if my child has allergies?
- Are there specific allergens that seem to worsen my child's allergy symptoms?
- Once symptoms do go away, should I expect allergy symptoms to reappear in my child?
- Will my child show symptoms all year?
- In the future, how do I know if symptoms are allergies, or if it's something else, like a cold?
- Will my child's allergies ever get better or go away?
- Can I do anything around the house to help manage my child's allergies?
- Should my child see an allergy specialist?
- Do you have any samples of Children's Claritin® I could try?

Notes

Tracking allergy symptoms may also help your pediatrician. Download the Allergy Symptom Tracker at www.SmartAllergyMomToolkit.com